

[View this email in your browser](#)

LPCFC Winter Newsletter



LPCFC Celebrates 10 Years of creating strong, thriving, healthy, and equitable communities in the Lincoln Park neighborhood!

2021 Program Report Out and Updates

Health POWER

We are pleased to start Year 3 of our contract with the Center for Prevention at Blue Cross and Blue Shield Minnesota for the Health POWER (People Organizing and Working for Equitable Results) funding initiative! In 2021, we trained 18 people in community organizing and built our Rise to Health Power Coalition. If you want more information, check out the Health POWER first and second year report [here](#). Below is a Journey Map of the Rise to Health POWER coalition during 2021.



Grocery Giveaway

The Coalition members have been organizing events that sometimes include hot meals, with garden, pet, clothing, pantry, and hygiene product giveaways. Join us on Sunday March, 20th from 12pm-3pm for our next event!

Lincoln Park Children and Families Collaborative's Rise to Health Power Coalition

Grocery Giveaway

Free frozen foods, pantry items, hygiene products and more!

Sunday March, 20th
12pm-3pm

Lincoln Park Commons Cafeteria
Enter on 25th Ave West between West 4th and 5th Street

We will provide boxes or bring your own bags!

If you are unable to attend call 218-464-0588 to schedule an appointment

Everyone is welcome!

LPCFC ChildCare

During 2021, we had 28 children participate in our Parent Aware 3 Star Rated LPCFC ChildCare program and engaged over 11 volunteers. Thanks to funding from [Northland Foundation](#), [ChildCare Aware](#), [Community Action Duluth](#), and the State of Minnesota, we were able to continue operating during the pandemic. We provide childcare from 7:30AM-5PM Monday-Friday. Parents have the option of signing children up for full time, part time, or drop-in care. For more information about enrolling, call LPCFC ChildCare at 218-481-7346.

Circle of Security

In 2021, 34 people graduated from 11 online classes, offered via Zoom, from the Circle of Security parenting classes. These classes were made possible with funding by the [Mardag Foundation](#) and St. Louis County Public Health and Human Services Opioid Funding. We will continue to offer classes online throughout 2022. People who are interested can learn more on our [Circle of Security webpage](#) and people can register to take the class [here](#).

Big Red Bookshelf

Come Grab a Book!



Despite the challenges our Big Red Bookshelf program faced due to the COVID-19 pandemic, we have six bookshelves open at LPCFC, St. Louis County Probation Office-Duluth, Windwood Townhomes, Lake Superior Zoo, Duluth Children's Museum, and Duluth Area Family YMCA. In 2021, nearly 3,000 books were donated by community members! We have 2 available bookshelves for new sites to join! If your organization or business is a place where children and families visit and you're interested in joining the Big Red Bookshelf program email madison.lpcfc@gmail.com.

Supported Family Time

Throughout 2021, we hosted 84 families and 118 children in our Supported Family Time program. We hosted a total of 1,032 visits at our space and in community settings, with 204 of those visits hosted virtually. We transported children and/or caregivers 490 times to and/or from their visits with us. We will continue offering this essential programming in 2022!

MDH Grant

LPCFC was selected to participate in the Minnesota Department of Health's Youth E-Cigarette Prevention and Cessation Initiative! This initiative is a comprehensive, statewide effort to reduce youth e-cigarette use through leveraging existing youth programs to make sustainable changes to community policies, practices, systems, and environments. We are looking forward to this upcoming work!

Upcoming Opportunities

Duluth ACES

Join Duluth ACES on Saturday, March 26, 2022 for the "Building a Community of Resilience" Summit. This daylong virtual summit will shed light on the impacts and best-practices for supporting people who have experienced developmental, generational, and complex trauma. All are welcome to participate. However, those who may benefit most are those in social and human services, education, healthcare, youth development, caregivers, and those who have personally experienced trauma.

Click [here](#) to register!

Building Resilience Summit

Virtual Event
26 MARCH 2022
8 AM - 4 PM



The Building Resilience Summit is hosted by The Duluth ACES (Native and Indigenous Experiences), Intersect Group (Duluth/ACEs), in partnership with the Junior League of Duluth, St. Louis County Family Services Collaborative, and the University of Minnesota Duluth.

Keynote Speaker:
Dr. Bruce D. Perry, M.D., Ph.D.



"It's not what's wrong with you, it's what happened to you" - Dr. Bruce Perry

World renowned trauma expert and South Western University of Ohio Professor Dr. Bruce Perry will provide the keynote address. Informed by experts from the Neuroscience Network, these speakers will address current research and best practice strategies for generating developmentally sensitive and strength-informed approaches to working with adults and children and adolescents who are able to support from four different tracks depending on their personal and professional interests. A number of attendees for Q&A will be available.

\$10 Registration:
OFFER MONDAY, FEBRUARY 7TH
[https://www.eventbrite.com](#)

Thank You and Miigwech!

- All who donated to LPCFC during Give to the Max 2021. In total, including the match from our Executive Director, we raised \$8,310!
- Head of the Lake United Way and Northwestern Mutual for donating 375 books to our Big Red Bookshelf program during Day of Caring!
- Irving Community Club for \$1,500 for LPCFC during Designer Purse BINGO!
- Harbortown Rotary for awarding LPCFC \$300 for gardening supplies!

Please check out our [Supporters page](#) on our website to see all the amazing support we receive!



[Update Preferences](#) | [Unsubscribe](#)

