LPCFC Spring Newsletter



Upcoming Events



Date: Sunday, July 17, 2022

Time: 12 PM - 4 PM

Location: Harrison Park, 3002 W 3rd St, Duluth, MN

Bounce House! • Food! • Arts & Crafts! • Outdoor Activities! • Free Resources!

LINCOLN PARK

Meet in the Park

We are excited to announce that Meet in the Park will be hosted this year at Harrison Park on Sunday, July 17th from 12pm-4pm. Come enjoy fun activities, eat good food, get to know your neighbors, and explore community resources! If you want to sponsor or Table at this event, please reach out to madison.lpcfc@gmail.com.

Grocery Giveaway

Join us for our next Grocery Giveaway event on Sunday, May 22nd from 12pm-2pm!



Thank you and Miigwech to Rotary Club #25 for awarding us a \$1,500 grant to support this effort and to Second Harvest Northern Lakes Food Bank and Community Action Duluth for supporting LPCFC in our monthly Grocery Giveaways by donating food and hygiene items!

Program Updates:

Circle of Security

Circle of Security parenting classes are designed to intervene early in the mental health of children and to prevent stress between caregivers and children by increasing their attachment, connection, and communication. People who are interested can learn more on our Circle of Security webpage: www.lpcfc.org/circle-of-security/ and can register to take the class here.

Big Red Bookshelf

We have six bookshelves open at LPCFC, St. Louis County Probation Office-Duluth, Windwood Townhomes, Lake Superior Zoo, Duluth Children's Museum, and Duluth Area Family YMCA! If your organization or business is a place where children and families visit and you're interested in hosting a Big Red Bookshelf at your space, please email <u>madison.lpcfc@gmail.com</u> or call 218-464-0588.

LPCFC ChildCare

LPCFC ChildCare is a 3-Star Parent Aware rated licensed family child care. We provide childcare from 7:30AM-5PM Monday-Friday. Currently, we have openings for school-aged kids and drop-in care. Parents can sign children up for full time, part time, or drop-in care. For more information about enrolling, call LPCFC ChildCare at 218-481-7346.

Health POWER

We are hiring for the Health POWER project! In this role you will work with community members and LPCFC staff to improve health outcomes for residents of Lincoln Park. This varied work will include food distribution events, leading Walk and Talks through the neighborhood, collaborating on film and print media, building relationships in the community. You will also have the opportunity to support public health initiatives, focus groups, community surveys, sustainable gardening and so on. You will receive leadership training and the opportunity to develop skills including facilitation, grant writing and detailed reporting. This is a part time position, with a mixture of on site activities and occasional work that can be completed remotely. You are able to apply <u>here</u>!

We also are looking for Rise to Health Power Coalition members to help us plan and host our Grocery Giveaway event, Walk and Talks, and other projects. If you live in Lincoln Park, check out this opportunity! You can apply <u>here</u> or email nik.lpcfc@gmail.com for more information.

MDH Grant

LPCFC was selected to participate in the Minnesota Department of Health's Youth E-Cigarette Prevention and Cessation Initiative! Check out the flyer below for more information. If you are between the ages of 11-18 or know of an individual that might be interested in this work reach out to nik.lpcfc@gmail.com.



Receive gift card incentives

YOUTH ADVISORY COMMITTEE MEMBERS WILL PARTICIPATE AND GAIN EXPERIENCE IN:

- Stress reducing / resiliency building
- Host a Youth Conference in Duluth
- Practice Leadership
- Build Community Organizing Skills
- Add learned skills to school and job applications
- Attend Youth Tobacco Summit, August 4, 2022

TTTT

MN HIGH SCHOOLERS VAPE

Did you know? Nicotine can harm the developing adolescent brain. Youth exposure to nicotine can lead to addiction and disrupt attention and learning.



QUESTIONS? CONTACT:

Nik Allen (She/Her) Program Manager - Health POWER Collab nik.lpcfc@gmail.com www.lpcfc.org

Please check out our <u>Supporters page</u> on our website to see all the amazing support we receive!



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