LPCFC Summer Newsletter



Upcoming Events



Bounce Houses! Arts & Crafts! Relay Races! Fender Blender! Zumba! Mobile Library! Facepaint! Fire Truck! This event is made possible by our sponsors: Cartier Agency, Inc., Bent Paddle Brewing Company, Dougherty Funeral Home, FDL Human Services, North Shore Bank of Commerce, WLSSD, WM



Meet in the Park

We are excited to announce that Meet in the Park will be hosted this year at Harrison Park on Sunday, July 17th from 12PM-4PM. Come enjoy fun activities, get to know your neighbors, and explore community resources! A big thanks to all of our sponsors and vendors!

Grocery Giveaway

Join us for our next Grocery Giveaway event on Sunday, July 24th from 12PM-2PM!

Lincoln Park Children and Families Collaborative's **Rise to Health Power Coalition**

Grocery Giveaway

Free frozen foods, pantry items, hygiene products and more!



Sunday, July 24th 12pm-2pm

Lincoln Park Commons Cafeteria

Thank you and Miigwech to Second Harvest Northern Lakes Food Bank, Community Action Duluth, and United Way for supporting LPCFC in our monthly Grocery Giveaways by donating food and hygiene items!

Enter on 25th Ave West between West 4th and 5th Street We will provide boxes or bring your own bags! If you are unable to attend call 218-464-0588 to schedule an appointment THE ACTOR AND A DECK Everyone is welcome!



Walk and Talks

Join us every Thursday at 4PM for our Walk and Talk event! Walk and Talks are an opportunity for some group exercise and a chance to chat with our neighbors about health and wellness. We will pick up some litter around the neighborhood and enjoy a light meal together on the patio of our building, located at 2424 W 5th St.

Join Our Team!

We are interviewing for a 2022-2023 AmeriCorps VISTA position. Please check out the position and apply here: https://www.ecolibrium3.org/joinvista/.

Program Updates

Circle of Security

Circle of Security parenting classes are designed to intervene early in the mental health of children and to prevent stress between caregivers and children by increasing their attachment, connection, and communication. People who are interested can learn more on our Circle of Security webpage: www.lpcfc.org/circle-of-security/ and can register to take



Big Red Bookshelf

We have six bookshelves open at LPCFC, St. Louis County Probation Office-Duluth, Windwood Townhomes, Lake Superior Community Health Center, Lake Superior Zoo, Duluth Children's Museum, Duluth Area Family YMCA, Duluth Public Library-Little Library Go Van! If your organization or business is a place where children and families visit and you're interested in hosting a Big Red Bookshelf at your space, please email madison.lpcfc@gmail.com or call 218-464-0588.

LPCFC ChildCare

We are excited to announce that LPCFC ChildCare is now a 4-Star Parent Aware rated licensed family child care! We provide childcare from 7:30AM-5PM Monday-Friday. Currently, we have openings for school-aged kids and drop-in care. Parents have the option of signing children up for full time, part time, or drop-in care. For more information about enrolling, call LPCFC ChildCare at 218-481-7346 or email jodi.lpcfc@gmail.com.

Health POWER

Are you a Lincoln Park resident? We are looking for Rise to Health Power Coalition members to help us plan and host our Grocery Giveaway event, Walk and Talks, and other neighborhood projects. You can apply here or email nik.lpcfc@gmail.com for more information.

Join LPCFC Health POWER Collab become a Community Organizer Do you want to see a healthier Lincoln Park Community? Do you want to want to learn about systems change? Speak to decision makers? Bring issues to the city council? BE a decision maker? Join us - you will receive training, stipends, and opportunities to be involved in policy change, bringing more

food options into the community, and gain skills and a support network along

the way. Apply Today! Applications accepted an an ongoing basis. No experience needed. Scan QR code for application or email nik.lpcfc@gmail.com

LINCOLN PARK

Youth E-Cigarette Prevention and Cessation Initiative



We are building a Youth Advisory Committee to lead this work. If you are between the ages of 11-18 or know someone who might be interested, please reach out to nik.lpcfc@gmail.com or fill out the form here.

Thank You and Miigwech!

Northland Foundation: \$7,500 for the Family, Friend, & Neighbor Child Care Provider Support and Outreach Initiative!

Lloyd K. Johnson Foundation: \$15,000 to support the costs of hosting our AmeriCorps VISTA and updating our Strategic Plan!

Please check out our <u>Supporters page</u> on our website to see all the amazing support we receive!



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